

Welcome to In Balance Physical Therapy!

Please review the following information before your first visit.

New Patient paperwork:

Please download the New Client paperwork from the website

<http://www.inbalancetherapies.com>

This includes: *New Patient Information, Medical Screen, Cancellation Policy, Notice of Privacy Practices and Receipt of Privacy Practices.*

Please complete and bring to your first appointment. Having these filled out in advance will help to keep the appointment on time.

Directions:

Upon making an appointment we will email or mail directions.

What to wear:

1. Dress comfortably. Loose fitting casual clothing. If you are coming directly from work you may want to bring a change of clothes.
2. Please no scented lotions, perfumes, colognes, deodorants, etc.
3. Please shower before your appointment. If you are coming directly from work, please shower that morning.

Insurance and Insurance Pre-authorizations:

In Balance is a "Cash Pay" clinic and full payment is due at the time of services, if needed our office will prepare a receipt for you to submit to your insurance company for direct reimbursement.

Some insurance companies require prior authorization requirements be met to receive benefits. It is your responsibility to verify your insurance benefits for physical therapy.

Rates & payment:

1st appointment: 1 Hour Evaluation/Treatment \$190.00

Follow-up: 1 Hour Physical Therapy \$175.00

Full payment is due at the time of services. We take checks, cash and credit cards.

Cancellation policy:

If you need to reschedule your appointment, please do so no later than noon the business day prior to your appointment to avoid a cancellation fee.

We look forward to meeting you!